

 NUTRITIONAL INFORMATION	Serving Size (gms)	Calories	Calories from fat	Total Fat (gms)	Saturated Fat (gms)	Cholesterol (mgs)	Sodium (mgs)	Carbohydrates (gms)	Dietary Fiber (gms)	Net Carbs (gms)	Protein (gms)	Calories from protein	% Daily Value				
													Vitamin A	Vitamin C	Calcium	Iron	
Chicken																	
Famous Recipe Whole Wing	49	152	82	9	3	58	377	5	0	5	12	48	0	0	0	2	
Famous Recipe Breast	166	387	172	18	5	152	1104	10	0	10	41	164	0	0	0	6	
Famous Recipe Breast w/o skin/breading	111	141	25	3	1	97	438	0	0	0	29	116	0	0	0	4	
Famous Recipe Drumstick	61	144	71	8	2	77	462	4	0	4	14	56	0	0	0	4	
Famous Recipe Thigh	130	371	226	25	7	167	1082	12	0	12	23	92	0	0	0	6	
Crispy Plus Whole Wing	54	193	112	12	4	57	410	10	0	10	10	40	0	0	0	2	
Crispy Plus Breast	168	470	260	29	8	141	1370	19	0	19	34	136	0	0	0	8	
Crispy Plus Drumstick	83	178	99	11	3	80	480	5	0	5	12	48	0	0	0	4	
Crispy Plus Thigh	118	377	236	26	7	125	790	12	0	12	21	84	0	0	0	6	
Oven Roasted Whole Wing	54	157	99	11	3	45	112	<1	0	0	15	60	2	0	<1	8	
Oven Roasted Breast	137	270	99	11	3	115	97	<1	0	0	41	164	3	0	2	8	
Oven Roasted Drumstick	52	112	54	6	1.6	47	123	<1	0	0	14	56	<2	0	<1	8	
Oven Roasted Thigh	92	227	126	14	4	86	115	<1	0	0	23	92	3	0	1	8	
Handheld Chicken																	
Crispy Breast Strips (3)	162	410	230	15	5	75	1080	18	0	18	30	120	0	6	0	10	
Oven Roasted Chicken-on-a-Stick (3)	128	196	36	4	1	75	250	<1	0	0	35	140	0	0	0	6	
Double Dippers (6 pieces)	192	485	272	17	6	82	1250	20	0	20	36	144	0	7	0	10	
Pot Pie																	
Chicken Pot Pie	369	760	432	48	10	75	1780	72	5	67	30	120	180	0	0	18	
Side Items																	
Biscuit	62	193	86	9.6	3	<1	605	22	1	21	4	16	0	0	2	6	
Mashed Potatoes w/Gravy	136	124	42	5	1	<1	387	18	1	17	2	8	2	4	0	2	
Green Beans	98	27	0	0.6	0.2	3	424	3	1.3	1.7	3	12	9	4	2	0	
Baked Beans	143	308	14	1	<1	4	744	47	7	40	7	28	8	6	15	30	
Cole Slaw	128	188	90	10	2	5	290	22	3	19	1	4	26	38	3	0	
Potato Salad	130	182	81	9	2	5	380	23	1	22	2	8	0	9	0	2	
Corn on the Cob	160	154	25	3	1	0	11	25	7	18	5	20	0	10	6	6	
Macaroni & Cheese	270	128	48	6	2	5	580	15	1	14	5	20	9	4	9	4	
Potato Wedges	128	270	108	12	4	0	650	26	3	23	5	20	0	7	2	12	

NOTE: Nutritional information is based on data by suppliers and manufacturers and/or calculated using USDA values and guidelines and/or actual laboratory analysis.

These values may vary due to actual portion sizes delivered at the restaurant.